

Best Ever

WORKSHEET

Vision Map

You decide how much or how little of each category enables and supports the Best Ever You + Work + Year + Life.



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Vision of Next Year

Capture your vision including relevant details.

Relationships

Partner, kid(s), family,
friends, co-workers

Health

Diet, Reflection,
Exercise, Sleep

Wealth

Financial, savings,
income, abundance

Work

Career, business, &
unpaid work

Causes

Time, talents, &
treasure to org's

Growth

Personal development
and learning

Fun

Soul-care, relaxation,
comfort & joy

Spiritual

Spirituality & religion



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Vision of Next Year

Draw, sketch, or capture inspiring images.

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Vision By Year



Year:

Important People Names & Ages:

Your Age:

Significant Events:

"Dare yourself to believe in your creativity, wherever it may lead you. Trust that where it leads is exactly where you're supposed to be."

- Sarah Ban Breathnach

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We Need Wow: Create Your Vision

Am I so excited by my vision that I can't wait to wake up in the morning?

Wow

Review your vision this week and ask yourself,
"Why do I want this?"
"What would be even better?"

How

Capture and incorporate any insights or enhancements to your vision of the year.

Now

Create physical and digital reminders of your vision that you will encounter DAILY.

Something Extra

Using the same process, expand your vision into 3, 5, and 20-year timeframes.

